Olympic Martial Arts

Regular Schedule

Effective: September 4, 2012

Time	Monday	Tuesday	Wednesday	Thursday	Time	Saturday
9:30 am to 10:30 am		Cardiokick Fitness		Cardiokick Fitness	9:00 am to 9:45 am	Children's White Belt
4:30 pm to 5:00 pm	Tots	Department of Rec. Tots	Tots	Department of Rec. Tots	9:45 am to 10:30 am	Red to Yellow Advanced Belt
5:00 pm to 5:45 pm	Children's White Belt	Children's White Belt	Children's White Belt	Red to Yellow Advanced Belt	10:30 am to 11:30 am	Adult Class
5:45 pm to 6:30 pm	Red to Yellow Advanced Belt	Orange to Black Belt	Red to Yellow Advanced Belt	Orange to Black Belt	11:30 am to 12:15 am	Cardiokick Fitness
6:30 pm to 7:30 pm	Orange to Black Belt	Adult Class	Orange to Black Belt	Adult Class		
7:30 pm to 8:30 pm	Adult Class	Cardiokick Fitness	Adult Class	Cardiokick Fitness		
8:30 pm to 9:30 pm	Cardiokick Fitness		Cardiokick Fitness			